St. Luke's Lutheran Church, New Rochelle, N.Y.

March 2017

### St. Luke's

Lutheran

### Church

A Congregation of the Evangelical Lutheran Church in

America (ELCA)

95 EASTCHESTER ROAD

New Rochelle, New York 10801

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SUNDAY SERVICE:

**HOLY COMMUNION:** 

10:00 A.M.

SUNDAY SCHOOL-JUNE

10:00 A.M.

**FELLOWSHIP:** 

11:15 A.M

LENT VESPERS

WEDNESDAYS 7:30

P.M. BEGINS MARCH 1

# The Age of Anxiety



We live in anxious times. No doubt there are days when we wonder what the future will bring. We wonder just how much effect we really have in powers beyond our grasp, in the turn of events in our lives that are overwhelming. Whether it is living each day or the turn of world events, anxiety is part of it.

Yet it has been so for a much longer time than most suspect. I think of a symphony the late Leonard Bernstein wrote in 1948 and revised in 1965, based on the poem by W.H. Auden. It is called "Age of Anxiety". Yes, that long ago!

"We would rather be ruined than changed We would rather die in our dread Than climb the cross of the moment And let our illusions die."

W.H. Auden, The Age of Anxiety: A Baroque Eclogue

Yet in Christ we have so much more to engage the world than anxiety. In Christ, we have humility, hope, forgiveness and wisdom. One of my favorite passages from Jesus' Sermon on the Mount is in the sixth chapter - "Therefore I tell you, do not be anxious about your life.... look at the birds of the air...which of you by being anxious can add one cubit to his lifespan? Seek first His kingdom and his righteousness. Do not be anxious..." (Matthew 6: 25-34)

We have to stop fretting. This is one of the results of Lenten discipline. Whether it is by prayer, fasting, charity, daily forgiveness or any other practice of Lent, the point is to focus on God's presence and strength, Christ's gift of the Cross and to seek first His kingdom and righteousness, unafraid of less gracious powers. We need to immerse ourselves in the baptismal waters that proclaim the love of God that casts out fear.

I am told that we have liturgies of the early church that date back to the second century. Those who were about to enter the church community would take off their old clothes as a means of putting off the old, anxiety-ridden life and walk down into the water. The waiting priest placed them under the water saying, "Buried with Him in baptism." As they rose from the water, the priest continued, "Risen to new life in Christ." They put on new clothes as a symbol of putting on Christ. The reason for this burial form of baptism was to make the members of the Christ community go through "dying" and get it over with. Once they were no longer anxious about Caesar's persecutions of the church, they were free to boldly proclaim the gospel.

"You can't scare dead people", concludes the writer, M. Craig Barnes.

You can't scare dead people who rise to the new self-less life in Christ. There are things to be deeply concerned about but when the gospel remains front and center we stand strong in hope. "Where your treasure is there will your heart be also." (Matthew 6:21)

Let's let the springtime of the soul, Lent, refocus us from fear and anxiety and on to Jesus, who overcomes the world, its brokenness, its princes and kings. Christ invites us to lose our lives to find them.

And to find Him.

In Christ,

Pastor Bill Damrow

### ASH WEDNESDAY - LENT BEGINS!



Ash Wednesday is upon us - March 1<sup>st</sup>! The Ash Wednesday Liturgy of Holy Communion is at 8:00 p.m. Ashes are also offered earlier at 12 noon.

## WITH AWE & LOVE - EVENING PRAYER IN LENT

We meet in the church for a brief quiet time of self-reflection and examination during our Lenten pilgrimage. *Service of Evening Prayer* is a restful time for <u>five Wednesdays in Lent (March 8, 15, 22, 29 and April 5)</u> from 7:30 -8:00 p.m. Candles, silence and simple brief worship offer a meeting place with God. Our focus this year? --- "With Awe and Love", the essentials of our living faith, based on Martin Luther's Small Catechism. Come for a half hour in the glow of quiet prayer and candles in God's presence.

# THE 500 MILEJOURNEY Guest Preacher & Speaker, Rev. Kathleen Koran

Last year Rev. Kathleen Koran, Assistant to Bishop Rimbo, <u>walked</u> the 500-mile journey from France to Spain, called "The Camino" or "The Road to the Shrine of St. James" with her husband and sister. Rev. Koran will join us the first Sunday in Lent, preaching on <u>Sunday, March 5</u> at 10 a.m. She will share her experiences of spiritual pilgrimage, people that she met, and what it means for us on our own spiritual pilgrimage. Following worship, Pastor Koran will further share her experiences along "The Way". There will be time for open conversation on the experience and questions. Bring a friend!

### PRAYING FOR THE WORLD & OUR COUNTRY IN LENT

You are invited at the midpoint of Lent to a small gathering after Evening Prayer on <u>Wednesday</u>, <u>March 22</u> in the Council Room at 8:15 p.m. to **PRAY FOR THE WORLD**, including of course our own country. With a large map before us we will once again identify some of the nations, places, and people in need of healing, hope, peace and prayer.



# THE POWER OF FORGIVENESS - NEW EDUCATION PROGRAM

Our theme for Lent is an emphasis on forgiveness in our lives and the life of the world. Forgiveness is at the heart of our journey with God and the life, death, resurrection and teaching of Jesus Christ. But how do we practice this forgiveness, the heart of Christ in our lives? On three <u>Sundays in March and one in</u> April at 11:30 a.m. we will meet for a brief Bible study, video introduction and open conversation.

The Origin of Forgiveness (March 12) What is Forgiveness? (March 19) Why Do We Need to Forgive? (March 26) How Forgiveness is Possible (April 2)



Sessions are on Sundays, from 11:30 – 12:30 p.m. and meet in the Church Council room, or in Martin Luther Hall if larger space is needed. Everyone is invited! Email RSVP at <a href="mailto:PastorBillDamrow@aol.com">PastorBillDamrow@aol.com</a> if you plan to attend or signup in the narthex.

### CENTERING PRAYER BEGINS

God is inviting us to enter an intimate relationship with Him through the quietness of prayer. In Centering Prayer, we experience God's presence.

Please join us anytime in this prayer of the heart in the Church Council Room on <u>Thursdays</u>, <u>beginning March 2<sup>nd</sup> through April 6<sup>th</sup>, from 7:30 to 8:15 p.m.</u> The time together will be led by *Nancy Sigler*, *Diaconate Intern* (<u>nls11@optonline.net</u>)

Centering Prayer emphasizes prayer as a personal relationship with God and as movement beyond *conversation* with Christ to *communion* with Christ. Together we will sit in the quietness of prayer, finding our deepest center in the presence of God.

# 2017 REGISTRATION FOR FIRST COMMUNION



Instruction for First Communion begins for Second Graders and above on Sundays, <u>April 30 (Part 1) and May 7 (Part 2)</u>, from 1:30 to 2:30 p.m. Approval must come from the pastor after instruction for First Communion. Receiving First Holy Communion will be during the worship service on <u>Sunday, May 21</u> at 10:00 a.m. Parents should enroll their child immediately by calling the Church Office at 632-2116 or email StLuke654@aol.com, if they have not done so already.

#### LETTERS OF APPRECIATION

From The Rev. Daniel Rift, Director, ELCA World Hunger and Disaster Appeal, dated January 17,



2017; thank you for St. Luke's collected gift of \$500 to Lutheran Disaster Response, designated for the Syria Conflict Relief. Check their website through <a href="https://www.elca.org">www.elca.org</a>.

From Joanne Knudson, Interim Director of Koinonia Lutheran Camp, dated January 11, 2017; thank you for the

recent donation of \$392. Be sure to check out their website at <a href="www.koinoniany.org">www.koinoniany.org</a>.

# Save The Date.... Mark Your Calendars

FOR THESE UPCOMING EVENTS:

May 6, 2017

"Reformation, Recital and Reception ~ A 500<sup>th</sup> Anniversary Celebration"

Presented by the Worship & Music and Fellowship Committees Recital begins at 4pm in the Sanctuary, reception immediately following.

June 3, 2017

St. Luke's second Annual Spring Sale

June 10, 2017

St. Luke's Annual Congregation Picnic

# HAPPY SPRING (?)

# From the Sunday School...



Please parents mark your calendars... Easter Sunday, April16<sup>th</sup> is our annual bake sale. It is our only fundraising event. Please contribute a baked good to sell as well as coming to shop after church on Easter Sunday.

Our Easter Pageant is Sunday, April 30<sup>th</sup>. We would love for ALL of the children to participate. We have parts and songs for all ages. We plan the pageant for after Easter vacation so all children can attend. Please let us know

if you cannot. We will rehearse during Sunday school as well as a mandatory dress rehearsal, Saturday April 29<sup>th</sup>.

ALL children should have received their new envelopes. It is important that they bring them every week. If you have not received yours, please see your child's teacher.

# And from the Youth Group...

Thank you to the youth that helped to set up for the dinner and the Pancake Supper.

We will be discussing more ways to be involved in the church and the community during Sunday School. We are currently planning for the rest of the spring. Please, parents, make sure you read your emails and update the kids on the schedule, if you are not receiving them let me know.

# EVANGELISM & SOCIAL MEDIA MOMENT

- ❖ Little Luther continues to travel and you never know where he will end up-Want to know? Check out the link to the Little Luther Facebook page.
- ❖ There are many members and friends who are still having issues with receiving the St. Luke's Voice and e-blasts. Please contact the church office or Renee Taylor in church as soon as you can so the issue can be resolved timely.



### CHURCH COUNCIL INSTALLATION

On Sunday, February 26th, we installed the members of the Church Council for 2017. We thank the following members for their leadership:

Susanne Kuligowski, President
Julia Ungewitter, Vice President
Steve Olsen, Treasurer
Doug Smith, Financial Secretary
Rupert Thompson, Assistant Financial Secretary
Angelika Ridulfo, Secretary
Jack McLaughlin
Jennifer Archer
Len Elmer
Pat Fredericks
Jeremy Harris
Larry Head
Dawn McEvoy
Jack McLaughlin
Ed O'Garro

Jennifer ArcherEd O'GarroCathie BehrendRay RankisElizabeth BrentTom RoksvoldNancy Sigler

### BOOK CLUB CORNER

When Breathe Becomes Air, a recent memoir, written by Paul Kalinthi was our February book club selection. Ray Rankis served as our facilitator for this profoundly moving book. Ray led us through Kalinthi's memoir by reading carefully chosen excerpts. Each member reading in turn as we all delved into these provocative passages.

Kalinthi chronicles his transformation from a naive Yale medical student into a neurosurgeon at Stanford, and finally into a patient and new father confronting his own mortality.

What makes life worth living in the face of death?

What does it mean to have a child, to nurture a new life as another fades away?

What is the meaning of human existence?

These are some of the questions Kalinthi wrestles with as he struggles to tell his story.

Ray Rankis, like the author, challenged us to contemplate the most central aspects of human life: hope, fear, love, hate, beauty, envy, honor, weakness, striving, suffering and virtue. We journeyed, with Paul Kalinthi, as he faced death with integrity. We shared the fullness of human experience with this remarkable and amazing writer and physician.



Our next book is Anna Quindlen's 2016 novel, *Miller's Valley*. It is a masterly study of family, memory, loss, and ultimately of finding true identity and a new vision of home. We will meet at 7:30 PM on Thursday, March 16, in St. Luke's kitchen. All are welcome to join us.

Happy Reading!

### AROUND THE PARISH

**In our prayers** this month are those hospitalized, with health concerns or in transition, especially Doug Smith, Barbara McLaughlin, Dawn McEvoy, Scott Fredericks and Lawrence & Koni Harding; those undergoing further tests or treatments, those in our Sunday prayers and those who have died in the faith and the grieving, especially Gail and Steve Olsen upon the death of their nephew William Nevins, Jr.

# MARCH BIRTHDAYS & ANNIVERSARIES



3/1	Glenn Tippett	3/15	Edmond O'Garro
	Raymond Rankis		Steven Olsen
3/2	Catherine O'Rourke	3/17	Amy Amato-Bromberg
3/3	Melissa McEvoy	3/18	Daniel Brisson
	Russell Norris		Ethan Samreth
	Jeannette Carlson	3/19	Zachary Carter
	Fernita Ross	3/21	Lydia Bersito
3/6	Nancy Sigler	3/23	Scott Fredericks
	Joseph Triolo	3/24	Lori Walker
3/7	Jack Finegan	3/25	Beverley James
3/9	Barbara Klemenn	3/26	Marissa Wirak
3/10	Adam Brent	3/27	Stacey Haymon
3/11	Mark Fontecchio		Donna Elmer
	Diane Sammons	3/28	Patricia Damrow
3/12	Christine Trulli	3/30	Fred Weichert
3/13	Grace O'Rourke		Douglas Lucy
3/14	Jacob Kuligowski		Sonia Schlupp

#### **Anniversaries**

3/1	Mr. & Mrs. M Kenneth Lucy
3/5	Lorraine & Walter Helfer
3/25	Lynda & Anthony Pasqua
3/30	John & Barbara McI aughlin



#### **WORSHIP ASSISTANTS – March 2017**

#### **USHERS**:

Mar.1 Rupert Thompson, Karen Jantzen, Ed O'Garro, Lenard Garrett - Ash Wed.

- 5 Denise Tolles, Walt Mitze, Beth Mitze, Ward Henderson
- Henry Doerr, Rosemarie Doerr, Lydia Bersito, Petrona Bissett
- 19 Rupert Thompson, Ray Rankis, Jennifer Archer, Karen Jantzen
- Peter Johnson, Walt Mitze, Beth Mitze, Bob Maresca

#### **ACOLYTES**

1	Jennifer O'Garro-Ash Wed.	Mar. 19	Sara Battaglino
5	Chris Battaglino	Mar. 26	Erik Roksvold

#### 12 Chris Battaglino

#### **CRUCIFER**

1 Rachel Elmer - Ash Wed.

#### **COUNCILPERSON:**

1	Ed O'Garro - Ash Wed.		Mar.	19	Jennifer Archer
5	Susanne Kuligowski	•	Mar.	26	Len Elmer
12	Larry Head				

#### **COMMUNION ASSISTANT**

1	Nancy Sigler - Ash Wed.	Mar.	19	Angelika Ridulfo
5	Rosalind Carter	Mar	26	Robert Brent
12	Nancy Sigler			

#### **LECTORS**

1	Renee Taylor - Ash Wed.	Mar.	19	Denise Tolles
5	Robert Brent .	Mar.	26	Martin Ungewitter
12	Rosalind Wallace			

#### **ALTAR GUILD**

1	Renee Taylor, Nancy Sigler -Ash Wed.	Mar.	19	Nancy Sigler, Renee Taylor
5	Irene Breen, Jennifer Archer	Mar.	26	Pat Fredericks, Irene Breen
12	Pat Fredericks, Susanne Kuligowski			

### COUNTERS

1	(Ash Wed.)	Mar. 19	D. Smith, T. Daniele
5	D. Smith, N. Sigler	Mar. 26	R. Thompson, P. Johnson
12	T. Brooks, K. Jantzen		-

#### **COFFEE HOUR**

1	(Ash Wed.)	Mar.	19	Sr. Choir
5	Fellowship	Mar.	26	Youth Group
12	Altar Guild			-

<u>If you cannot keep your scheduled assignment</u>, please make arrangements to <u>switch with someone</u> and <u>let the church office know</u> early that week. Thank you.

[Abbreviations-BB: Banner Bearer, C: Crucifer, A: Acolyte, TB: Torch Bearer]

### ST. LUKE'S LUTHERAN CHURCH - MARCH 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Sundays 9a-Sr. Choir Rehearsal 10a-Choirs 10a-Sunday School Cont.	Continued 11:15a-Jr. Choir Rehear 11:15a-Coffee Hour		I ASH WEDNESDAY 12p-Distribution of Ashes 8p-Ash Wed. Service 8p-Sr. Choir		3 7:15p-Boy Scouts	4 9:30a-A.A. Men's Group
5 Pilgrimage Sunday 10a-Eucharist 11:15a-Guest: Rev. Kathleen Koran "El Camino (The Road) a 500 Mile Walk With God"	6 7p-A.A. Mtg.		9:30a-Clergy Sermon Study 7:30-Lenten Vespers Host: Sunday School 8:15p-Choir Rehearsal	9 7:30p-Centering Prayer	10 7:15p-Boy Scouts	9:30a-A.A. Men's Group Daylight Saving Time Ends. Turn clocks ahead 1 hr.
12 10a-Eucharist 11:30a-Adult Ed. "The Power of Forgiveness"	13 7p-A.A. Mtg.	Mtg.	15 9:30a-Clergy Sermon Study 7:30-Lenten Vespers Host: Altar Guild 8:15p-Choir Rehearsal	16 7:30p-Centering Prayer	17 6p-Setup/Boy Scouts Pasta Night St. Patrick's Day	18 9:30a-A.A. Men's Group 6-9p-Kuligowski Party
19 10a-Eucharist 11:30a-Adult Ed. "The Power of Forgiveness"	20 7p-A.A. Mtg .Spring Begins	21	9:30a-Clergy Sermon Study 7:30-Lenten Vespers Host: Sr. Choir 8:15p-Prayer for the World 8:15p-Choir Rehearsal	23 7:30p-Centering Prayer	24 7:15p-Boy Scouts	25 9:30a-A.A. Men's Group
26 10a-Eucharist 11:30a-Adult Ed. "The Power of Forgiveness"	27 7p-A.A. Mtg.		29 9:30a-Clergy Sermon Study 7:30-Lenten Vespers Host: Church Council 8:15p-Choir Rehearsal	30 7:30p-Centering Prayer	31 7:15p-Boy Scouts	April 1 9:30a-A.A. Men's Group

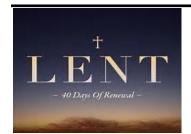
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St. Luke's Voice March 2017 Lent Issue

St. Luke's Lutheran Church (ELCA)

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