

# St. Luke's Voice

St. Luke's Lutheran Church, New Rochelle, N.Y.

September 2021

St. Luke's

Lutheran

Church

95 EASTCHESTER  
ROAD  
NEW ROCHELLE,  
NEW YORK 10801

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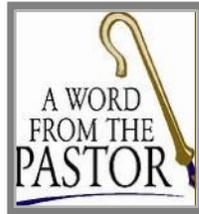
CHECK OUR  
WEBSITE:  
[SLNR.org](http://SLNR.org)  
For 10 a.m. Sunday  
Worship

[Visit us on Facebook!](#)

Newsletter Editor: Pat  
Fredericks.

Renee Taylor: Produc-  
tion.

## The God of Our Strength



He came out from the cornfield, walking to the newly laid baseball diamond in Dyersville, Iowa. The crowd of 8,000 cheered. The music to "Field of Dreams" played over the loudspeakers. Out from the same tall green cornfield the players from the Chicago White Sox and the New York Yankees followed, like ghosts from the past. The sun was still high in a clear blue August sky.

"If you build it, they will come." My heart truly settled for the first time in the midst of the continuing pandemic. Here was good news.

It was of course a reenactment 32 years later of a pivotal scene in the beloved movie "Field of Dreams", one of the few films in 1989 where you could hear men crying in the movie theater and the desired bond between fathers and sons; child and parent. The man coming out of the field was Kevin Costner who played Ray Kinsella in the movie.

This was a real major league baseball game. The first in Iowa. Just down the road from the original house and field where the movie was made.

So what's the big deal?

It was a feeling of stability in a year and a half of instability.

In a world where things constantly change, yesterday's plans are changed again by the threats of the new Covid strain and protocols are reversed.



**[ For instance NOTE: the planned September 18 "Fall Fest" mentioned throughout this newsletter is cancelled and has to postponed to another time in light of the Coronavirus variant and high transmission vulnerability which came after the articles were written.]**

In the televised baseball game in Iowa there was a feeling of being grounded in the Mid-western breadbasket, an American experience. Here baseball has rules in a world that is increasingly chaotic. Here, in the words of a character Terence Mann and voiced by James Earl Jones, "The one constant through all the years, Ray, has been baseball... baseball has marked the time. This field, this game: it's part of our past, Ray. It reminds us of all that once was good and it could be again."

We hunger for stability. We need solid ground under our feet as the sands constantly shift. We need a solid rock in our lives. The winds are constantly shifting. Our plans are regularly and wisely revised or left behind. Our plans cannot be the ground of our being.

Jesus said, "Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. (Matthew 7: 24-25) He knew what He was talking about.

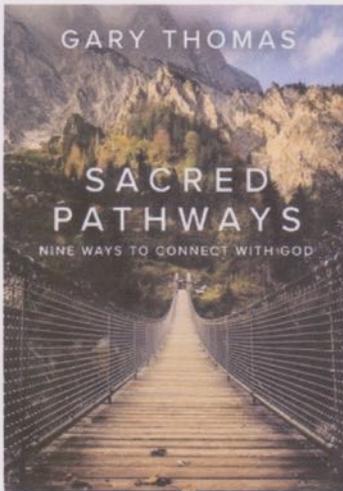
We greet September with hope! New programs and events, in new ways! Safely gathering in church together and ready to keep, revise, postpone and reschedule as needed.

Lately I find myself reading scripture more. Reading Luther. Praying simple prayers or those that give better voice than my own. Going to those places and persons that offer faith, constancy, heart, and the lived experience of faith. Voices that lived in similar unstable times, drawing closer to the rock of our salvation. I invite you to do the same. God is our only strength, our only hope, our only protection.

Christ is the Rock, the ground under our feet! Turn to Him in prayer, Bible and gathering, to be reminded of what we know is true - "of all that once was good, and it could be again"!

Peace and see you in church!

**Pastor Bill Damrow**



## **SACRED PATHWAYS**

**Nine Ways to Connect with God**

**NEW ADULT EDUCATION PROGRAM VIA ZOOM**

**FALL 2021 BEGINNING SEPTEMBER 26 at 12 Noon on Zoom**

In this 5 session study with video, we will explore nine key pathways to encountering God and how we can understand the ways we most naturally connect with God.

**Sessions include:** The Journey of the Soul, Pathways of Wonder, Pathways of Contemplation, Pathways of Action, Tending the Garden of the Soul

**Sundays September 26, October 3, 10, November 7 and 14 at 12 noon on Zoom. (TBD)**

Order the Study Guide and Book from Amazon.

**RSVP to PastorBillDamrow@aol.com by September 22, 2021 in order to connect online to the video before the class session.**

**St. Luke's Lutheran Church  
95 Eastchester Rd., New Rochelle, NY**

## ST. LUKE'S and HOPE COMMUNITY SERVICES

On Father's Day St. Luke's held a food drive for HOPE Community Services and received a \$250 Action Grant from Thrivent Financial Services to help sponsor this event. We collected over 500 items of much needed food including the most sort-after items: cereal, pasta sauce, canned vegetables, meals in a can, rice, canned fruit and tuna. This qualified St Luke's to receive a further \$500 from Thrivent which was sent directly to HOPE. Our thanks to all who donated food and to Joan Bast who applied for the two grants.

Our next Food Drive will be held on Saturday, September 18 in the church parking lot as part of the Fall Fest from 12-3 pm. Those donating three cans will receive a coupon for a free hotdog.

St. Luke's is a year-round partner of HOPE Community Services. In August we participated in HOPE's Back to School drive to provide back packs and school supplies to New Rochelle children. This year we went to the website, [Hopecommunityservices.org](http://Hopecommunityservices.org) to access the link to Amazon to purchase supplies which were then shipped directly to HOPE. Every December we collect toys for HOPE's annual Christmas party. Then, each month we cook meals for 150 people in our church kitchen which are then collected by HOPE. Please check the calendar in this newsletter to find the next HOPE Cooking date.

Picture from July  
Cooking for Hope





SUNDAY SCHOOL  
**NEWS**

## Happy September Sunday School and Youth Group!



WELCOME BACK!!!!

As of Rally Day September 12<sup>th</sup>, we will be back to Sunday School IN PERSON!!!! We hope to see the beautiful happy smiling faces of all your children... we have missed them so much. As per emails sent previously, we will either be outside on the grass/yard or inside the Sunday School, depending on weather and space. PLEASE let us know if your child will be attending so we can plan ahead.

We will all start in church, whether inside or out, and children will be called to their classes. Please watch out for emails with any new procedures.

Sunday School is during the regular service, 10am. We have our own altar and church Service downstairs and then proceed to our age-appropriate classes with a senior teacher and assistant.

If you are new to St. Luke's or would like to register your child for Sunday School, please email the Superintendent of Sunday School, Dawn McEvoy at [mmcevoy33@aol.com](mailto:mmcevoy33@aol.com).

If you haven't seen them or aren't getting the weekly lessons we have been sending, please let me know. I will make sure I have you on our email list. Thanks to the magic of the internet, God's Good News and our Spiritual Education continue. We are continuing to send the lessons until we can meet in person again and throughout the summer.

Youth group is for grades 5<sup>th</sup> and above. The youth group serves the church and performs many different Community Service projects. We will send additional information about that after Sunday School begins.

The Youth Choir is also for the Sunday School children and is directed by our wonderful Choir Director and Organist, Iryna Arbatska. She will send out additional information about that as well.

Please look for other events happening throughout the fall in this and future emails. Most importantly, our Fall Fest event on Sept. 18<sup>th</sup> from 12-3. Please come and bring your families and friends. All are welcome!

See you at Rally Day!

God Bless you and your families...  
Stay safe and stay strong St. Luke's!!!

Dawn McEvoy, Jen Battaglino, Vicky McEvoy, Shari Taylor,  
Melissa McEvoy, Jacob Kuligowski, Karen Fontecchio  
and Traci Daniele



St. Luke's Lutheran Church  
Sunday School



**RALLY DAY**

September 12<sup>th</sup> 2021

10am

*ALL ARE WELCOME!!*

Meet the teachers

Share God's Good News!

Reception following Service

If your child is not registered, or  
if you have any questions,  
please contact Dawn McEvoy,  
Superintendent, at  
[mmcevoy33@aol.com](mailto:mmcevoy33@aol.com)

St. Luke's Lutheran Church  
95 Eastchester Road  
New Rochelle, NY 10801  
Website: [SLNR.Org](http://SLNR.Org)  
Phone: 914-632-2116

## WEDNESDAY PRAYER GROUP RESUMES

Our morning prayer group will begin meeting again on Zoom on Wednesday, September 8, at 10am after our summer break. All are welcome. We give thanks and pray for the needs of each other and the world.

Some of us share our own prayers while others bring scripture verses or their favorite prayers to share, and then there are others who prefer to sit in silence. You don't need to commit to every Wednesday just join us when you are able.



If you are interested in sharing a little quiet time on a Wednesday morning, please contact Elizabeth Brent at [Elizabeth.lizzieb718@gmail.com](mailto:Elizabeth.lizzieb718@gmail.com) for your Zoom invite.

## FALL FUN FEST AT ST. LUKE'S

Save the Date, *Saturday, September 18*, for St. Luke's big Fall Fest in the parking lot. It starts at 12 so don't be late. There will be a Bubble Bus, Music, hot dogs, Mike Dubb's delicious frozen custard, and more as St. Luke's reaches out to the community. Invite your neighbors, friends and family to come and see what St. Luke's has to offer. Stop by the table for HOPE Community Services and drop off three cans for the food drive and earn a coupon for a free hot dog. Visit Boy Scout Troop 11's table and see its fun activity, check in with the PreSchool Learning Center too. The children can craft pumpkins, see how many fish they can catch in the fishing game and stay for the entertainment.



You don't want to miss the Coleman Teen Dance Company performing or the Hiawatha Martial Arts and Fitness demonstration. You may even recognize some of St Luke's youth among them! The Senior Choir will sing on the front steps too as we gather to celebrate the fellowship we have at St. Luke's and the hope that Jesus gives us.

If you have ideas for games, activities, or wish to volunteer, please contact Dawn McEvoy or Elizabeth Brent.

We need people to help decorate tables, donate books, assemble photographs and put up flyers. The Outreach Committee was still in the planning stages when this article went to print so there will be more to see and do!

Our thanks to the committee for all their hard work: Dawn McEvoy, Elizabeth Brent, Jennifer Archer, Robert Brent, Lisa Connors, Camille O Garro, Angelika Ridulfo, Renee Hamilton Taylor, Denise Tolles and to Pastor Damrow for his support.

## Dare to Believe!

By Angela Daubon, LCSW, LCC Counselor



How often have you looked at the limitations in life rather than the numerous opportunities? There are multiple contributions that form our beliefs on what is possible, such as life experiences, upbringing, current measure of faith, past traumas, view of one's self, a fear of failure, inability to handle rejection, unresolved previous disappointments or a current mental, spiritual or emotional condition. The list can go on and on. We can either let these factors be a tsunami that drowns us or a mountain that can be moved. Dare to consider that you can speak to the mountain and tell it to step aside!

Think about it---what things have you been talking about doing for the last ten years but have not made any significant strides in accomplishing? On the flip side, how many things have you impulsively done that left you feeling empty and more frustrated than when you started? Procrastination is often a camouflage for fear and conversely, acting in haste can be a smokescreen for lack of control and overcompensation for your insecurities. Reacquaint yourself with balance in your life; there is a middle ground between the two approaches called discernment.

Yes, there is such a thing as being realistic, but whose reality are you basing it on, yours or God's? Dare to imagine and believe beyond your current state of affairs. Be willing to reimagine your path with a new set of lenses, giving you 'new vision'. Yes, I said a new set. Sometimes the lenses you're wearing can't be repaired, because they are too broken, scratched or mangled. Maybe your prescription has changed and you keep straining to envision God through expired lenses. A new set may be needed in order for God to work anew in you this season.

Respect boundaries; however, be free to embrace new parameters. Don't be a 'string' when God is trying to stretch you like a 'rubber band'. Don't mistake the muddy waters you may have to travel through as cement. Don't be afraid to get out of the revolving door and step into your destiny. Don't let the gratitude and appreciation for where you are lure you into a state of stagnation. Stop making false claims of contentment while secretly harboring regret.

Be honest and true with yourself. What dream have you deferred? What purpose have you allowed to be compromised? What God-given assignment have you abandoned? This reflection is for acknowledgement purposes only. There is no time for self-criticism; don't waste your energy there. Turn your focus and attention to the matter at hand and get going. It's never too late! Today is the best day to start. You don't need to race in an effort to catch up. This is not a sprint, just a conscious decision to move forward with prayer, precision and purpose.

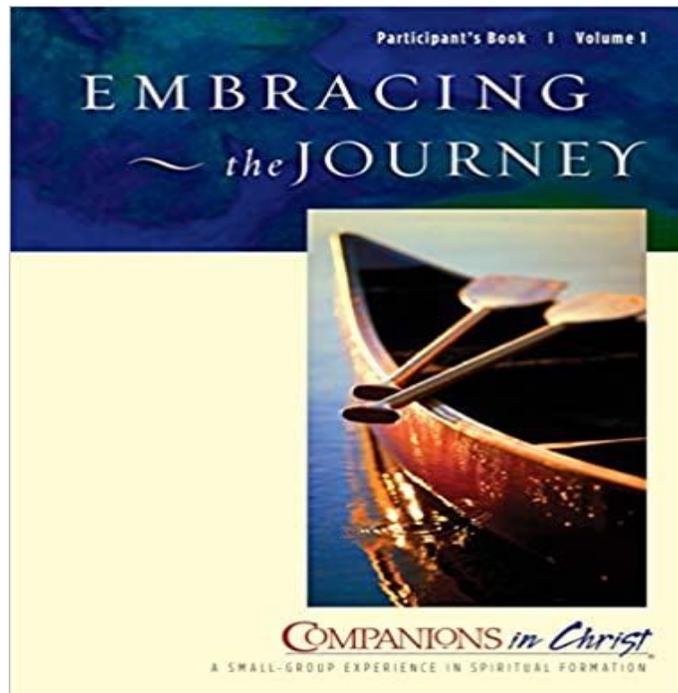
Simply put one foot in front of the other and press forward. Forward I said, not behind! Your head must be faced in the direction that you are going or you may stumble and fall. Even when going forward you may trip sometimes or experience setbacks. However, if you pick yourself up, dust yourself off and keep pressing on towards your goal, God will give you all that you need for the journey as you need it. Finally, if no one has told you yet, I would like to be the first to say, "I know you can make it". Dare to believe all the possibilities!

For more encouraging messages from Angela please visit [agapeinspirations.com](http://agapeinspirations.com) or on Twitter @InspiredByLv  
Please visit our website at: [www.lccny.org](http://www.lccny.org) for more information. For a counseling appointment, call LCC at 1-800-317-1173. All sessions are virtual.

# THE WAY OF SCRIPTURE

A SMALL GROUP PROGRAM IN OUR SPIRITUALITY SERIES

Come join us for a 5-week small group study, Embracing the Journey: The Way of Christ, for a basic exploration of spiritual formation as a journey towards wholeness and holiness, individually and in community, through the grace of God.



Sessions are on Thursdays {9/16, 9/22 (Wednesday), 9/30, 10/7, 10/14) from 7:30 – 8:30 p.m. via Zoom.

RSVP to Deacon Nancy Sigler at [nls11@optonline.net](mailto:nls11@optonline.net)

Order the book, "Embracing the Journey (Participants Book)" in the Companions in Christ series for \$8.00 from Amazon or contact Nancy, who can order it for you.

Please read Chapter 1 prior to the first session on 9/16/21.

Happy Fall  
from the Fellowship Committee



CELEBRATING 150  
YEARS

1869 - 2019

God's Blessings to all our teachers and  
students heading back to school...  
Good luck!

We hope this newsletter finds you and your families healthy and happy and that you all had a fabulous Summer. We can't wait to hear all about it.

St. Luke's has been open for in person service while also streaming live via zoom or virtual, for those not able to attend. Please watch your emails for future announcements.

September 12<sup>th</sup> is Rally Day; we welcome everyone back from Summer Vacations as well as welcome the Sunday School back to weekly classes. We are praying to have weekly coffee hours resume with a reception beginning with Rally Day. Looking forward to seeing you!

September 18<sup>th</sup> is our first Community Event, A Fall Fest, from 12–3pm. All are welcome and asked to attend. Please look out for way you can help and participate. Please bring your families, friends, neighbors... We are hoping to spread St. Luke's Good News to the Community and welcome newcomers to our church. We will be eblasting the flyer, please share with your networks and local community stores, libraries, community Bulletin Boards... wherever allowed.

Koinonia is finally reopening for retreats! We have reserved our regular weekend Oct 15-17<sup>th</sup>. Please see the flyer enclosed and rsvp as soon as possible as space is limited. Only 1 or 2 rooms remaining.

Look for next month's newsletter for more Fall events to come, including our HOLIDAY Boutique on November 13<sup>th</sup>!

While our committee has successfully managed to retain an active membership, we continue to recruit, in the name of St. Luke's Fellowship, all those with the time and talents to support our mission of unity and oneness in Christ. Our church is an amazing family because we are all part of it. Thank you for your continued support and dedication! Please let us know if there is anything we can do for you.

Yours in Christ and fellowship

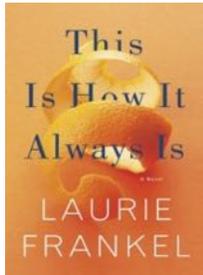
Pat Damrow and Dawn McEvoy

[patriciadamrow@gmail.com](mailto:patriciadamrow@gmail.com) and [mmcevoy33@aol.com](mailto:mmcevoy33@aol.com)

## BOOK CLUB CORNER



St. Luke's Book Club will meet on September 23, Thursday, at 7:00 P.M. We will meet via ZOOM.



Our summer novel: *This Is How It Always Is* by Laurie Frankel will be our topic of discussion.

Frankel writes about a very challenging subject with honesty, grace, humor and dignity. *This Is How It Always Is* is an incredible read that speaks to the heart of what it means to be loved by family.

St. Luke's Book Club will meet on September 23, October 21, November 18, and December 16. Our Fall selections will be announced in our next newsletter. Everyone is welcome to join us!

*Books are the plane, and the train, and the road.*

*They are the destination and the journey.*

*They are home.*

--- Anna Quindlen.

## WE NEED YOUR HELP! COUNTERS WANTED!!!

The finance committee is small yet mighty but needs additional support. Please consider joining us on a Sunday after church services for approximately 1 hour, once per month. Please contact Traci Daniele at [twdaniele@gmail.com](mailto:twdaniele@gmail.com) for more information or to sign up. Thank you for your consideration and support.





**St. Luke's Lutheran Church**

*invites you to join us*

**Koinonia**

Annual Family Retreat

**OCTOBER 15TH - 17TH 2021**

Weekend includes double occupancy in conference center, Saturday meals Sunday breakfast and all activities. \$200 per person (Single and child rates avail.)

Space is limited  
rsvp asap

email Dawn at [mmcevoy33@aol.com](mailto:mmcevoy33@aol.com)

## AROUND THE PARISH



**In our Prayers** this month are the hospitalized, those with health concerns, those undergoing further tests, treatments, or healing, especially, Sunitha Bose, Henry and Rosemarie Doerr, Karen Jantzen, Trina Lenz, Doug Smith, Rupert Thompson, Cory Tupper, Roz Wallace, those in our Sunday prayers, and the grieving especially Carla LaBarbera and family upon the death of Carla's mother, Alisandria Antonecchia ("Sandi") and the Lenz Family upon the death of Lewis Lenz.

## SEPTEMBER BIRTHDAYS & ANNIVERSARIES

### Birthdays

9/2	Laurence Head Diane LeBoeuf	9/18	Robert Bissinger Karin Breen-Ahyoung
9/3	Patricia Elser Danita Armstrong	9/19	Jennifer O'Garro Susan Olsen-Forsberg Catherine Tobin
9/4	Walter Glatz Amy Prout-Lloyd	9/20	Victoria Santizo Adin Triolo
9/6	Denise Link	9/22	Dorothy Smith Richard West
9/9	Pastor Bill Damrow Christopher Fredericks Graeme Buehrer	9/23	Judith Amato Erik Walder
9/11	Michael O'Neill	9/25	Fred Mallya Lily Kleinelp Noah Conroy
9/12	Susanne Kuligowski	9/27	William Ungewitter
9/14	Patrick Johansen Shiels	9/28	Patricia Zyloney Petrona Ennis-Welch
9/15	Harold Prout Kady Finegan		
9/17	Ward Henderson		
9/18	Madeline Tappert		

### Anniversaries

9/4	Susanne & Bruce Kuligowski
9/11	Brad & Patricia Fredericks
9/15	Henry & Rosemarie Doerr
9/18	Paula Hayes & Robert Tupper
9/20	Susan Johansen-Shiels & Patrick Shiels
9/21	Leam & Dawn McEvoy Robert & Faith Bissinger
9/22	John & Kristen Amato
9/25	Denise & Corey Link
9/28	Matthew & Arianne Damrow

ST. LUKE'S LUTHERAN CHURCH - SEPTEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>All Services will be indoors.</i>			1 10a-Clergy Pericope Study	2	3	4 9:30a-A.A. Men's Group
5 10a-Service of Worship	6 <b>Labor Day</b> <b>Office Closed</b>	7  7:30 p.m. Worship and Music Committee	8 10a-Clergy Pericope Study 10a-Wednesday Prayer Group 7:30p – Outreach Committee	9  7:30p -Reopening Group	10 7:15p-Boy Scouts	11 9:30a-A.A. Men's Group
12 <b>Rally Day</b> 10a-Service of Worship 10a-Blessing of Children & of Sunday School Staff <b>10a-Sunday School Begins</b>	13	14 7:30p-Church Council	15 10a-Clergy Pericope Study 10a-Wednesday Prayer Group	16 <b>7:30p-Embracing the Journey with Deacon Nancy Sigler</b>	17 7:15p-Boy Scouts	18 9:30a-A.A. Men's Group
19 10a-Service of Worship Cooking for HOPE  2p – Memorial Service for Lewis Lenz	20 10a-HOPE Food Pickup	21  7:30p – Social Ministry	22 10a-Clergy Pericope Study 10a-Wednesday Prayer Group 7:30p-Embracing the Journey	23 <b>7:30p-St. Luke's Book Club</b>	24 7:15p-Boy Scouts	25 9:30a-A.A. Men's Group
26 10a-Service of Worship  12n – <b>NEW ADULT EDUCATION – Sacred Pathways with Pastor Bill</b>	27	28  7:30p – Stewardship Committee	29 10a-Clergy Pericope Study 10a-Wednesday Prayer Group	30 7:30p-Embracing the Journey		

**Thank you to the Patrons of St. Luke's Voice – 2021**

Jennifer Archer

Nancy Sigler

Bob Maresca

Madeline Tappert

Art Rankis

Ernest & Rosalind Wallace

Aija Sears

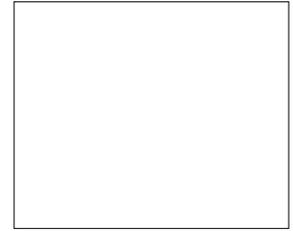
Lilian Warren

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To become a patron, just make a contribution of \$25.00 send to St. Luke's Lutheran Church, 95 Eastchester Rd., New Rochelle, NY 10801.  
Please designate the gift toward "Patron of Newsletter".



RETURN SERVICE REQUESTED



*St. Luke's*  
*Voice*  
**September**  
**2021**

**St. Luke's Lutheran**  
**Church (ELCA)**  
95 Eastchester Rd.  
New Rochelle, New  
York  
10801-1209  
Please Open  
Immediately:  
TIME DATED  
MATERIAL

