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# ◊ St. Luke's Voice ◊

St. Luke's Lutheran Church, New Rochelle, N.Y.

March 2023

## **St. Luke's Lutheran Church**

95 Eastchester Road  
New Rochelle, NY 10801

Rev. Cricket Cooper,  
Interim Pastor

**Sunday Worship:  
10 A.M.**

phone: (914) 632-2116  
email: StLuke654@aol.com  
SLNR.org

Visit us on Facebook!

### **Newsletter**

Editor: Pat Fredericks  
Production: Renee Taylor

## **Lent: an Opportunity to... ..?**

I grew up in a family where giving something up for Lent was the norm. We would agonize over not having dessert or chocolate or whatever it might be, as the days till Easter passed impossibly slowly.

These past years, I've often framed my Lent discipline as a time to try something new. What if this season were a time to lean into a new habit you'd like to cultivate? Thoughtful reading at bedtime, homemade meals, a daily walk, and so forth. Since Easter reminds us of the gift of the Resurrection, it feels right to me to think about increasing my health and wellbeing, caring for the "temple of the Holy Spirit" which is my body and soul.

This Lent, think about what adds value to your own life, and see if there isn't a way make that happen. A weekly lunch with a friend? Eight hours of sleep? Healthy breakfasts or lunches, prepared in advance? Meditation or prayer time? A daily crossword puzzle or a 3 mile jog?

I like to think that I grow nearer to God in Lent, through practices that make me more aware of and grateful for my own life, my health, my body, my mind. With unpredictable weather swirling all around outside, now is a great time to turn inward.

Give yourself the gift in Lent of honoring your life.

Love God, Love your neighbor, Love your self.

## COUNCIL RENAISSANCE

Thanks to the vote to amend the Constitution at our Annual Meeting, St. Luke's is now more in line with the synod's Model Constitution with respect to council size. The new directive gives the council the flexibility of having 9-12 members. Moving forward, if the council decides it wants more (or fewer) members, it has the ability to shift without needing to come back to the Annual Meeting for another amendment.

THANK YOU to these members whose council service has ended, but whose leadership in the parish continues: Jennifer Archer, Tom Constabile, Denise Tolles, Karen Fontecchio, Walter Mitze, Joy Mitchell, Lisa Connors, Nancy Sigler, and Bill Taylor.

THANK YOU to this year's council for serving!

President: Rich Tobin

Vice President: Martha Johnson

Treasurer: Steve Olsen

Financial Secretary: Traci Daniele

Secretary/Clerk: Melissa McEvoy

Other Council members: Ed O'Garro, Julia Simpson Ungewitter, Walter Glatz, Elizabeth Brent



## HIDING THE ALLELUIA



Seen here are Pastor Cricket and some members of the Sunday School on the First Sunday in Lent as they "hid" the Alleluia. It will remain hidden until Easter Sunday when we will once again rejoice and sing "Alleluia!"

## LENT SERVICES REMINDERS

Our **Lenten Vespers** services will be at 7:30pm, on Wednesdays in March. This is NOT the "Green Book" vespers service, but something less formal, featuring Taizé music and other simple songs, plus candles and silence. Join us! (See the flyer on the next page)

There will NOT be a Wednesday service during Holy Week.

Maundy Thursday and Good Friday services will both be at 7:30pm.

*St. Luke's  
Invites you to*

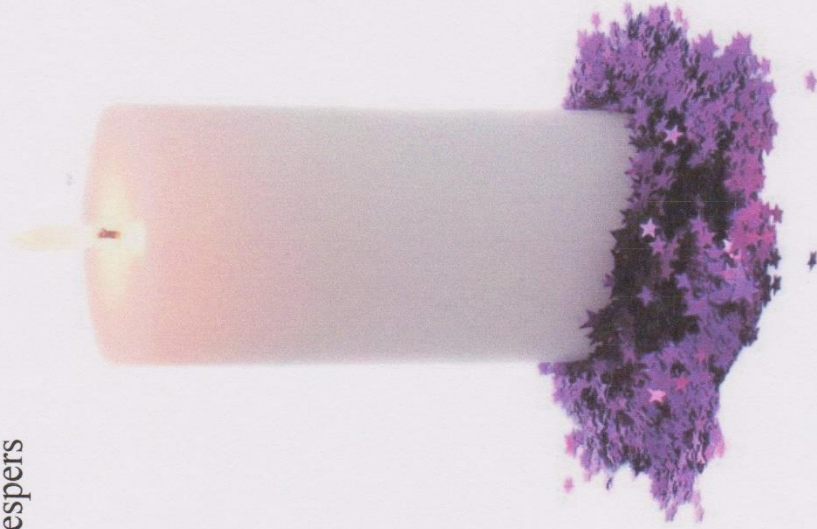
# Taizé Vespers

Come join us for a quiet,  
simple, candlelit service  
with Taizé music.

Wednesdays In March,  
at 7:30 pm

St. Luke's  
Lutheran Church  
95 Eastchester Road  
New Rochelle, NY  
10801  
Website: [SLNR.org](http://SLNR.org)

ALL ARE WELCOME!



## "NEWCOMERS" DINNER... coming in the Easter Season!!!

In this transition time following the worst of the pandemic, and years of worshipping online or outside or in person.... YOU may have joined St. Luke's but not have been officially welcomed....

### **We want to fix that!**

If you are new-ish to the parish, or you still *feel* new and you would like to meet more folks who have joined in the last handful of years, we will be hosting a "New-ish Members" Dinner just after Easter!



There is no "official" cut-off as to who is New and who is Not!

If you would like to be included, PLEASE email the office or speak to Pastor Cricket.

We want to include everyone who is interested!

## KOINONIA IS TURNING SIXTY!!! Celebrate with them!

*(from a recent email)*

### **Dedication Day 2.0**

**June 10th from 10am-5pm**

Celebrate the 60-year commitment between Koinonia [a Lutheran Camp and retreat center] and congregations in New York, New Jersey, and Pennsylvania. Pastors, Bishops, Board Members (former and current) and congregants will re-dedicate Koinonia and recommit to Koinonia for our NEXT 60 years of partnership.

On **June 4, 1964**, hundreds of enthusiastic people attended a ceremony in the Jubilee Meadow to dedicate the site and its ministry. At this event we will be enthusiastic again enjoying a Festival Luncheon in the Conference Center followed by a Diamond Jubilee Dedication Service in the Chapel in the Pines. A day not to be missed! We have much to celebrate; all are welcome. Stay the whole weekend or come up for Saturday only!

**Email to register [register@koinoniany.org](mailto:register@koinoniany.org)**

**Or call them [\(845\) 557-8335](tel:(845)557-8335)**

**Koinonia's Executive Director, Dr. Kathleen Ruen, will be the guest preacher at St. Luke's on  
Sunday, March 5<sup>th</sup>!**

**Come greet her!**

## TRANSITION "MOMENTS"

The Transition TaskForce will be updating the parish on information about their work, as they move forward. You can see their progress- and check what tasks are coming up! - on the synod's standard timeline posted in the hallway outside the Pastor's office. If you have ANY questions or concerns during this time, please speak to any member of the TaskForce: Traci Daniele, Nancy Sigler, Susanne Kuligowski, and Rich Tobin.

## COOKING FOR HOPE NEWS

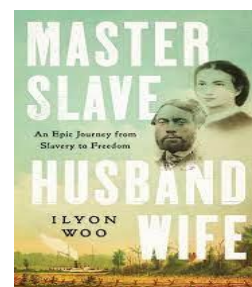
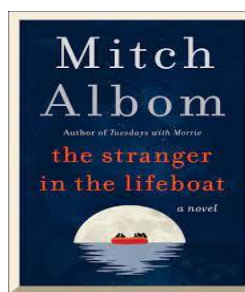
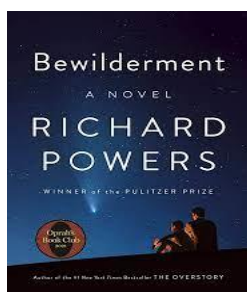
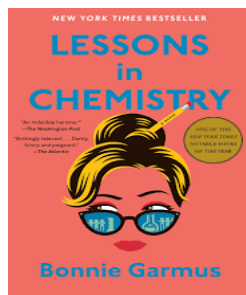
The next Hope Cook will be Sunday, March 19<sup>th</sup>. All welcome!  
Many hands make quick work!

In February, Joan Bast and Angelika Ridulfo joined Denise Tolles for a "field trip" to Restaurant Depot in Mount Vernon to view the offerings for "Hope Cook Shops." Possible menus were discussed. All are welcome to submit ideas for Hope Cook menus.



On another note: The ad hoc Re-opening Committee is scheduled to meet via Zoom on Monday, March 19<sup>th</sup> at 7p.m.

## BOOK CLUB CORNER



**March 27, Monday:** *LESSONS IN CHEMISTRY* by Bonnie Garmus  
**April 19, Wednesday:** *THE STRANGER IN THE LIFEBOAT* by Mitch Albom  
**May 17, Wednesday:** *BEWILDERMENT* by Richard Powers  
**June 21, Wednesday:** *MASTER, SLAVE, HUSBAND, WIFE* by Ilyon Woo

St. Luke's Book Club meets via Zoom at 7pm on the dates noted above. Everyone is welcome!

# HAPPY SPRING from the Fellowship Committee



**Last Chance ..... BUY A BRICK – leave a legacy at St. Luke’s**  
**Order your commemorative bricks for our Meditation Garden. We need to place the order very soon, but we are hoping for one more push. We have 4x6 for \$100 and 8x8 for \$250. You can get a mini ONLY if you order a larger one for just \$25. The order form is on next page. Order yours today!**



Thank you to everyone that attended our pancake supper, it was so nice to see everyone... Thank you to Leam, Bill, Joan, and Lydia for cooking and setting up. Thank you, Lisa, for organizing the relay pancake race for the kids. Thank you, Melissa and Vicky, for filling in for me. So sorry I couldn't be there!

March 4<sup>th</sup> is our Family Bingo and Corn Beef dinner ala Leam! We will also have Vegetarian Chili and salads. Time is 5pm – cost \$20 per adult and \$10 per child under 12. Raffles, Bingo Prizes for adults and children! See flyer and RSVP today!



April 9<sup>th</sup> is Easter, and the Easter Pageant is set for April 16<sup>th</sup>.

April 23<sup>rd</sup> is our Annual Koinonia Women’s Retreat. If you have not attended in the past, PLEASE consider it this year! Speak to me for more information! We have a great attendance list so far!!!



May 6<sup>th</sup> Spring Sale!!!! We need all your treasures and your participation! See the flyer elsewhere in this newsletter and share it with friends, family, and your community!

The church wide calendar of events and activities on page 10 of this newsletter has upcoming important dates. Please be sure to check it out!

If you are on Facebook, please join our page. “St. Luke’s New Rochelle”. Please visit our Website at [SLNR.org](http://SLNR.org).

Thank you to our committee and all those with the time and talents to support our mission of unity and oneness in Christ. Our church is an amazing family because we are all part of it. Thank you for your continued support and dedication! Please let us know if there is anything we can do for you.

*Yours In Christ*

*Dawn McEvoy email: [Mmcevoy33@aol.com](mailto:Mmcevoy33@aol.com) cell: 347-604-3969*





YOU ARE INVITED TO

## FAMILY & FRIEND BINGO

One FREE Raffle Ticket  
for every Friend you bring!

### CORN BEEF DINNER

(*VEGETARIAN CHILI, SALADS*)

March 4, 2023

5pm -9pm Cost \$20 pp (KIDS \$10 PP)

St. Luke's Church

95 Eastchester Road, New Rochelle NY

Friends, Fun, Fellowship, Fundraising and Food!

**All are Invited!**

RSVP to Dawn McEvoy [mmcevoy33@aol.com](mailto:mmcevoy33@aol.com) by 2/25/23  
Make checks payable to St Luke's Church – memo BINGO  
include names and no. of guests x \$20 ea. and \$10 ea.

# HAPPY LENT & HAPPY SPRING from the Sunday School!

We continue welcoming guests and new students to the Sunday School.  
If you would like to register, or if you have not registered yet, please do so by contacting me.  
All Are Welcome!!!

**THANK YOU TO ALL OF YOU FOR YOUR GENEROUS DONATIONS TO THE SOUPERBOWL FOR HUNGER COLLECTION. WE RAISED \$1700 FOR ELCA WORLD HUNGER! Best collection in years!**



So excited for those that attended the Pancake Supper! I heard it was a great success; so sorry I was sick and couldn't attend. Thank you to Lisa Johansen for entertaining the children with the pancake relay. Thank you to Joan and Bill, Leam, Lydia, Melissa, and Vicky for cooking, setting up and running things... Thank you to all the helped to clean up.

We are already planning the Easter Pageant on April 16<sup>th</sup>, and Easter Egg Hunt after Easter Service on the 9<sup>th</sup>. Be sure to let us know if your child will NOT be available.



We gave all new students envelopes to use for Sunday contributions. We like to teach them the importance of tithing at an early age and your donations help us to do all the things we do for the Sunday School: their lessons, supplies, crafts, gifts, pageants, costumes, parties... We ask that all children use their envelopes; if the children do not have them, we will provide them. Please help to support the Sunday school with your contributions.

God Bless you and your families.... Hope to see you all Sunday!

Please visit our website and Facebook pages.  
[www.Slnr.org](http://www.Slnr.org) and [@slnr.org](https://www.facebook.com/slnr.org)  
Yours in Christ, Dawn McEvoy – Superintendent  
Email: [mmcevoy33@aol.com](mailto:mmcevoy33@aol.com)  
Karen Fontecchio – Asst. Superintendent Traci Daniele – Treasurer  
Teachers – Melissa McEvoy, Vicky McEvoy, Shari Taylor and Jacob Kuligowski





St. Luke's Lutheran Church  
95 Eastchester Road  
New Rochelle, NY 10801  
Rev. Cricket Cooper, Pastor  
Phone 914-632-2116 email: [stluke654@aol.com](mailto:stluke654@aol.com)  
Website: [stlukesnewrochelle.org](http://stlukesnewrochelle.org)

## CHURCH CALENDAR - WINTER SPRING 2023

*Sundays - Church Service – Holy Communion – 10am*

*Sundays – Sunday School 10am*

*Sundays - Coffee hour – after Service - Fellowship Hall Wednesdays – Morning Prayer Group 10am via Zoom*

March 4<sup>th</sup> – Fellowship Event – Family Bingo 5pm – Corn Beef Dinner \$\$

April 9<sup>th</sup> – Easter Sunday Service 10am – Easter Egg Hunt

April 16<sup>th</sup> – Sunday School Easter Pageant

April 16<sup>th</sup> – Transition Committee Event at Coffee Hour

April 21<sup>st</sup>-23<sup>rd</sup> – Women's Retreat Koinonia

May 6<sup>th</sup> Spring Sale

May – Baptism/Communion/Confirmation – date tbd

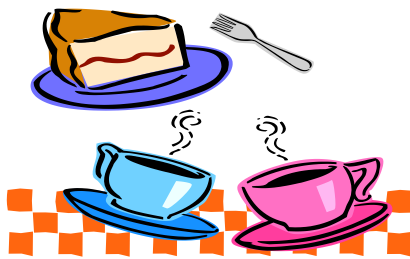
June 12<sup>th</sup> EOY Congregation Picnic/BBQ/Lunch – SS Promotions

June 18<sup>th</sup> – Father's Day – last day Sunday School for Summer

WHAT IS A SYNOD ASSEMBLY DELEGATE -  
and could YOU be one?

Are you interested in the Big Picture? Want to attend the Synod's **in-person** Assembly on May 5<sup>th</sup> and 6<sup>th</sup> on Long Island? Every congregation in the synod has lay and clergy Delegates, as well as Alternates in case a Delegate cannot attend.

You can read more about it here <https://www.mnys.org/news-and-events/assembly-basic-info/2023/#FAQ> and speak with Pastor Cricket if you are interested in attending!



# Coffee Hour Assignment Sheet Winter Summer 2023

<u>Date</u>	<u>Committee</u>
Feb 12 Souper Bowl & Annual Mtg	Sunday School/Youth Group
Feb 19	Altar Guild
Feb 26 – Lent	Fellowship
March 5	Senior Choir
Mach 12	Sunday School/Youth Group
March 19	Social Ministry
March 26	Church council
April 2	Altar Guild
April 9 Easter	Fellowship
April 16 SS Pageant	Sunday School
April 23 Koinonia Ladies Retreat	Senior Choir
April 30	Social ministry
May 7 – Spring Sale	Sunday School/Youth Group
May 14	Altar Guild
May 21	Fellowship
May 28 Memorial Day weekend	Church Council
June 4	Social Ministry
June 11 – Picnic	Sunday School
June 18 – Father’s Day, Promotions	Fellowship
June 25 – Sept 3 Summer Schedule	
Sept 10 – Rally Day	Sunday School
Sept 17	Fellowship
Sept 24	Altar Guild

Please select members of your committee to honor your dates. You need to set up, clean up and bring milk, juice & dessert etc. You can use this time to promote your committee or upcoming events! Any monetary donations are greatly appreciated and will be used by the coffee committee to purchase supplies as needed OR if your committee would like to contribute coffee supplies that would be great too! Lent is NO Sweets and Summer is Water/cold drinks (AND COFFEE).

Coffee Hour has become a great Fellowship hour, Thanks to all of you! ANY questions or conflicts please contact Dawn McEvoy at email: [mmcevoy33@aol.com](mailto:mmcevoy33@aol.com) (cell) 347-604-3969 . Thank you!

**ALL HELP and DONATIONS are WELCOME any Sunday!!**

## EASTER PLANTS



*The Easter season is fast approaching. If you would like to contribute to the beautification of the sanctuary by donating \$35.00 toward the Easter lily fund, please use the form to make your reservation.*

*Names of donors and loved ones will appear in the Easter Bulletin.*

*Donation for flowers: \$35.00*

**Deadline Date: April 2, 2023**

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## EASTER PLANTS

*In memory of* \_\_\_\_\_

*or in honor of* \_\_\_\_\_

*From* \_\_\_\_\_

*Please send to: St. Luke's Lutheran Church*

*95 Eastchester Rd.*

*New Rochelle, NY 10801*



St. Luke's Lutheran Church

**Annual Women's Retreat to Koinonia**

April 21-23<sup>rd</sup>, 2023

*Faith, Fellowship, Fun*

\$265 Single, \$195 Double, per person (includes 5 meals and all activities.)

~ Massages available for additional fee ~

**ONLY A FEW ROOMS LEFT!!!!!!**

Contact Dawn McEvoy for more info or to reserve your room

[mmcevoy33@aol.com](mailto:mmcevoy33@aol.com) or call 347-604-3969

**ALL are welcome!**



*Visit [Koinonians.org](http://Koinonians.org) for more info on Koinonia.*

*Located 165 Lakeview Drive Road Highland Lake, NY 12743*



95 Eastchester Road New  
Rochelle, NY

# SPRING SALE

Saturday, May 6<sup>th</sup>

10am – 3pm

RUMMAGE

JEWELRY ~ ACCESSORIES ~  
GIFTS ~ PORCELEAN DOLLS

BAKE SALE

CAFÉ

RAFFLES

AND MORE ...

Contact [mmcevoy33@aol.com](mailto:mmcevoy33@aol.com) with questions

## AROUND THE PARISH



**In Our Prayers** this month are those hospitalized, with health concerns, or in transition or treatment, and all those in our Sunday prayers.

## MARCH BIRTHDAYS AND ANNIVERSARIES

### Birthdays

3/3	Melissa McEvoy Jeannette Carlson Fernita Ross	3/15	Steven Olsen
3/6	Nancy Sigler Joseph Triolo	3/17	Amy Amato-Bromberg
3/7	Jack Finegan	3/18	Daniel Brisson
3/10	Adam Brent	3/19	Zachary Carter
3/11	Mark Fontecchio	3/21	Lydia Bersito
3/14	Jacob Kuligowski	3/23	Scott Fredericks
3/15	Edmond O'Garro	3/24	Lori Walker
		3/26	Marissa Wirak
		3/26	Marissa Wirak
		3/28	Patricia Damrow

### Anniversaries

3/25 Lynda & Anthony Pasqua



# ST. LUKE'S LUTHERAN CHURCH – MARCH 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b><i>All Sundays</i></b>            9a– Sr. Choir Rehearsal            10a-Choir            10a-Sunday School            11a-Coffee Hour</p>			<p><b>1</b>            10a-Prayer Group  <b>7:30p-Lenten Vespers</b></p>	<p><b>2</b>  <b>7:30p-Centering Prayer</b>            with Deacon Nancy Sigler in person</p>	<p><b>3</b>            7:15p-Boy Scouts</p>	<p><b>4</b>            9:30a-A.A. Men's Group  <b>5-8 p-Family Bingo and Corn Beef Dinner</b></p>
<p><b>5 Lent II</b>            10a-Eucharist            10a- Guest Preacher: Dr. Kathleen Kristin Ruen - Executive Director Koinonia            11a-Coffee Hour, Host: Sr. Choir</p>	<p><b>6</b>            7p-Basketball Group</p>	<p><b>7</b></p>	<p><b>8</b>            10a-Prayer Group  <b>7:30p-Lenten Vespers</b></p>	<p><b>9</b>  <b>7:30p-Centering Prayer</b>            with Deacon Nancy Sigler in person</p>	<p><b>10</b>            7:15p-Boy Scouts</p>	<p><b>11</b>            9:30a-A.A. Men's Group  <b>Turn clocks ahead 1 hour, Daylight Saving Time Begins</b></p>
<p><b>12 Lent III</b>            10a-Eucharist            11a-Coffee Hour, Host: Sun. Sch./Youth Group</p>	<p><b>13</b>            7p-Basketball Group</p>	<p><b>14</b>  <b>7:30p-Church Council</b></p>	<p><b>15</b>            10a-Prayer Group  <b>7:30p-Lenten Vespers</b></p>	<p><b>16</b>  <b>7:30p-Centering Prayer</b>            with Deacon Nancy Sigler in person</p>	<p><b>17</b>            7:15p-Boy Scouts</p>	<p><b>18</b>            9:30a-A.A. Men's Group</p>
<p><b>19 Lent IV</b>            10a-Eucharist            11a-Cooking for HOPE            11a-Coffee Hour, Host: Social Ministry</p>	<p><b>20</b>            10a-HOPE Food Pickup            7p-Basketball Group</p>	<p><b>21</b></p>	<p><b>22</b>            10a-Prayer Group  <b>7:30p-Lenten Vespers</b></p>	<p><b>23</b>  <b>7:30p-Centering Prayer</b>            with Deacon Nancy Sigler in person</p>	<p><b>24</b>            7:15p-Boy Scouts</p>	<p><b>25</b>            9:30a-A.A. Men's Group</p>
<p><b>26 Lent V</b>            10a-Eucharist            11a-Coffee Hour, Host: Church Council</p>	<p><b>27</b>            7p-Basketball Group-last session            7p-Book Club</p>	<p><b>28</b></p>	<p><b>29</b>            10a-Prayer Group  <b>7:30p-Lenten Vespers</b></p>	<p><b>30</b>  <b>7:30p-Centering Prayer</b>            with Deacon Nancy Sigler in person (last meeting)</p>	<p><b>31</b>            7:15p-Boy Scouts</p>	

## **Thank you to the Patrons of St. Luke's Voice – 2023**

Jennifer Archer

Art Rankis

Traci Daniele

Aija Sears

Lorraine Helfer

Nancy Sigler

Bob Maresca

Ernest & Rosalind Wallace

Patrons are those who wish to make a gift to help support the publication of St. Luke's Voice.

To become a patron, just make a contribution of \$25.00 send to St. Luke's Lutheran Church, 95 Eastchester Rd., New Rochelle, NY 10801. Please designate the gift toward "Patron of Newsletter".